

Re-visiting Your Spiritual Self

“The ultimate quest of a human being is to know himself. Be it one suffering from a life-threatening ailment or a happy and successful person, every individual seeks answers to their most fundamental questions of life – Who am I? What am I here for? Why am I suffering in such a miserable relationship? What is the consequence to my success or failures? What is it to be a good human being? How can I experience divinity within? What does my life amount to ultimately? Are we the body or are we the soul? If we are the soul then what is it?”

In search of answers people adopt various approaches - religious and non-religious, conventional and unconventional, logical and esoteric. Many people travel far and wide to know their answers. Some leave what they like, abdicate all attachments and abandon interest in their personal desires. As many as the belief systems that people have, that many are the interpretations of spirituality.

According to Aashwasan, Spirituality is self awareness and knowing who we truly are. Nature has created us with guidance within. The deeper we go, the closer



we get to our true self that has answers to the most profound inquiry of life.

For the first time in the world a scientific methodology has been invented based on discoveries of the scientific realities behind the phenomena that exist in the universe that create, govern, preserve and perpetuate life. These scientific realities were discovered by Rashmi Aiyappa, who is a spiritual scientist and inventor. She is a source of a science which was discovered with secrets about timelessness and theories about life after death – one science that encompasses the mechanisms of all life forms into a single dynamic format demystifying the root cause of all unknown, be it a disease, situations of life, relationships or not knowing one's self at all. She is a creator of a space that has an answer beyond religion, belief, faith, logic and philosophy - it is an experience. It is a science that the world has been waiting for. To bring this to every individual in this world she has founded Aashwasan - a global revolution to bring love and happiness in our world. This science, Aashwasan Science™, is here to unravel the mechanism of human beings and the mysteries that lay hidden within nature.

According to Rashmi Aiyappa, evolution has brought alterations in the mechanics of human life that has diminished the experience of who we are to a mere 3%-5% bringing degeneration in the way we experience life. Hypothesis is created to explain our existence, our purpose, and most of all our reality because the experience of it was taken away from us through evolution.

We have forgotten that we are the creators of our reality. We have forgotten what we truly are. The authority on our own life is not felt. The experience that we are taken care of has got lost. The energy based techniques created by Rashmi Aiyappa initiate a process of reversal so that we may know ourselves once again - experientially. Aashwasan creates unique moments of experiences, taking them on a journey of Self-discovery. The journey helps them discover their real self by getting insights into a deeper meaning of life.

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